

Ka ahatia ngā kōrero kohikohia?

Ka noho tapu tonu ngā kōrero katoa homai e koe. E whakaae ana mātou kāhore koe e tohua, ko tō ingoa rānei, ko tō wāhi noho rānei e puta ake ki roto i ngā tānga kōrero, ngā rīpoata rānei mō tēnei rangahau.

Kei hea ētahi anō whakamārama?

Mō ētahi anō whakamārama, mō te pātai, mō te āwangawanga rānei mō tēnei rangahau, waea mai ki:

Dr Riz Firestone

Nama waea kore-utu:

(0800 2 INFANT) 0800 2 463 268

He mea utu tēnei rangahau e Te Kaunihera Rangahau Hauora o Aotearoa

He mea āta tiro tiro, he mea whakaae hoki tēnei kaupapa e te Kōmiti Mōtika Tangata o Te Kunenga ki Pūrehuroa: Tonga A, Tono 07/62. Mēnā he āwangawanga ōu mō te whakahaere i tēnei rangahau, whakapā mai ki a Prof. John O'Neil, Heamana, Kōmiti Mōtika Tangata o Te Kunenga ki Pūrehuroa:

Tonga A, waea mai ki 06 350 5799 x8771, imēra humanethicssoutha@massey.ac.nz

Nā Kara Mihaere te Whakaahua Uhi

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Centre for Public Health Research
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Te Kunenga ki Pūrehuroa

Ngā Whakatūpato



Māuiuitanga

Tamariki

He aha te kaupapa o te rangahau?

He iti kē te mōhio ki ngā āhuetanga hapūtanga, tamarikitanga rānei, tērā ka tupu ā ōna wā he māuiui.

E rangahau ana mātou i te pānga o ngā āhuetanga hapūtanga, tamarikitanga rānei, tērā ka hua ake he māuiui ā ōna wā pēnei i te mate huango, mate pēpē, mate huka, mate moe anō hoki.

Ko wai mā ka āhei te uru ki tēnei rangahau?

Ko ngā wāhine hapū katoa o Aotearoa ka āhei te uru ki tēnei rangahau. Me 16 tau, pakeke ake rānei te wahine ka whakaaetia ana.

He aha ngā mahi māku mō tēnei rangahau?

Kei a koe te tikanga katoa ki te mahi tuao nei (kei a koe nā).

Ka tonoa koe ki te whakautu pātai mōu me tāu tamaiti mō ngā wā e ono:

1. Hei te hapūtanga
2. 3 marama muri i te whānautanga
3. 15 marama muri i te whānautanga
4. 2 tau te pēpe
5. 3 tau te pēpe
6. 4 tau te pēpe

Ko ngā pātai he hāngai ki te wāhi noho, me te nohotanga ake (pēnei i te kai hikareti, me te kai waipiro), te kai, te taumaha, te rongoā me ngā māuiuitanga (pēnei i te mōmona kē, me ngā mate tūtohu), tohu hauora, ā, me te moe.

Pēhea taku uru ki te mahi rangahau nei?

E toru kē ngā ara uru mai ki ngā mahi rangahau nei:

1. IPURANGI (INTERNET)

Peka ki tō mātou ipurangi ki ngā tohutohu rēhita, uru mai hoki ā-ipurangi

Ipurangi: www.elfs.org.nz

2. WAEA

Waea mai ki te nama kore-utu nei hei whakaoti i te pepa pātaitai mā te waea, me tētahi kaimahi o te Rōpū Rangahau

Waea Kore-Utu: 0800 2 463 268

3. POUTĀPETA

Tukuna mai te kāri poutāpeta 'Kore-Utu' (āpitihanga ki tēnei mātārere), ā, mā mātou e tuku atu te pepa pātaitai, me tētahi kōpaki reta kore-utu hei whakahoki mai anō.