

What happens to the information?

The information you give us will be treated with utmost confidentiality. We guarantee that you will not be identified by name or address in any publications or reports arising from this study.

Where can I get more information?

To discuss any further details or if you have questions about this study, please telephone:

Dr Riz Firestone

Free phone number

(0800 2 INFANT) 0800 2 463 268

This study is funded by the
Health Research Council of New Zealand

This project has been reviewed and approved by the Massey University Human Ethics Committee: Southern A, Application 07/62. If you have any concerns about the conduct of this research, please contact Prof. John O'Neil, Chair, Massey University Human Ethics Committee: Southern A, telephone 06 350 5799 x8771, email humanethicssoutha@massey.ac.nz

Cover Illustration by Kara Mihaere

Centre for Public Health Research

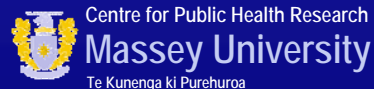
Research School of Public Health

Massey University

Private Box 756

Wellington

New Zealand



The Early Life Factors Study



of
Childhood Diseases

What is the study about?

Very little is known about which specific factors during pregnancy or in early life play a role in the development of disease later in life.

We are interested in examining the relationship between early life-style factors and exposures, with the risk of developing diseases such as asthma and allergies, birth defects, diabetes and sleep disorders.

Who can take part in the study?

Any pregnant women in Wellington, who are in their second or third trimester can take part in the study. Women must be 16 years and over to be eligible to participate.

What will my participation involve?

Taking part in the study is entirely voluntary (your choice).

We will ask you to complete a questionnaire about you and your child on 6 different occasions:

- (1) During pregnancy
- (2) 3 months after birth
- (3) 15 months after birth
- (4) 2 years old
- (5) 3 years old
- (6) 4 years old.

The questionnaires include questions about environmental exposures, lifestyle factors (eg. smoking and alcohol), diet, weight, medicines and medical conditions (eg. obesity and allergies), health symptoms, and sleeping habits.

How do I take part in the study?

You can participate in 3 different ways:

1. INTERNET

Visit our website and you will be given instructions on how to register and participate online

Website: www.elfs.org.nz

2. TELEPHONE

Telephone our toll free number if you would like to complete the questionnaire over the phone with one of our Research Team members

Free Phone: 0800 2 463 268

3. POST

Send us the 'Free-Post' postcard (inserted in this brochure), and we will mail you the questionnaire with a free-post return envelope.