

The Early Life Factors Study NEWSLETTER

Issue 4



Updates on the Early Life Factors Study...

Welcome to the fourth issue of the ELF Study Newsletter! We're sure you're enjoying watching the growth and development of your little one!

Phase II: 3 months Questionnaire

If your child is '3 months' old, please go to the ELF Study website and complete the 3 months questionnaire online. If you want to fill out this questionnaire by post, contact us with your current address and we'll send it out to you.

A handy hint - you will need to have your *WellChild Tamariki Ora Health Book* to answer some of the questions for this questionnaire.

Phase III: 15 months Questionnaire

If your child has reached 15 months, the Phase III – 15 months Questionnaire is available online. Please log onto the ELF study website and complete this questionnaire. If you would like to fill out the questionnaire as a hard-copy, contact us with your current address and we'll send it out to you.

ASG Parent and Child Show – Auckland & Wellington



The ASG Parent and Child Show is coming back in 2010 in Auckland (29 – 31 October, ASB Showgrounds) and Wellington

(19 – 20 June, TSB Arena). We will be at both shows, so come and see us! We will be recruiting more participants for the ELF Study.

If you have any friends that are interested, bring them along to meet us, or refer them to our website.

Focus Group - Wellington

We are looking for participants (in the Wellington area only) to join a Focus group, providing us with feedback to refine our Questionnaire's and help make any necessary changes to the study. This won't start until later in the year, but if you are interested, please register your interest by emailing us.

Keeping in touch!

It's important that we have your current contact details, so you can continue participating in our study. Please email us if you have changed your physical address and/or email.

Hard-Copy Questionnaires

If you have any of the questionnaires lying around, please remember to send these back to us! If you have misplaced any questionnaires also, please contact us so we can send you out a new one.

Phase IV: 2 years Questionnaire

The Phase IV – 2 years Questionnaire will be coming out around September 2010. This questionnaire will be more focused on one aspect of your child's development (e.g. diet/nutrition)

Contact us:

Email us at:

elf@massey.ac.nz

ELF Study website:

www.elfs.org.nz

Free phone:

0800 2 INFANT (463 268)