

The Early Life Factors Study NEWSLETTER



Issue 3

Updates on the Early Life Factors Study...

Welcome to the third issue of the ELF Study Newsletter! There are now approximately 440 women and their infants who have signed-up and completed Phase I of the study, the Pregnancy Questionnaire. If you haven't completed the pregnancy questionnaire, please fill it in before Christmas.

A new addition to the ELF Study is the inclusion of 'new mothers'. The Royal Plunket Society is now actively promoting the ELF Study to new mothers, who can also participate from 6-8 weeks after birth.

Overseas ...

The research team recently met with some US researchers in Philadelphia who are currently piloting a similar study across the USA. We shared a lot of our learning from the ELF study, and gained insights from their experiences, at the same time.

Phase II: 3 months Questionnaire

If your child is '3 months' old, please go to the ELF Study website and complete the 3 months questionnaire online. If you want to fill out this questionnaire by post, contact us with your current address and we'll send it out to you.

A handy hint - you will need to have your *WellChild Tamariki Ora Health Book* to answer some of the questions for this questionnaire.

Introducing ... Phase III: 15 months Questionnaire

Phase III – 15 months Questionnaire is now available online. Please log onto the ELF study website and complete this questionnaire. It is also available in hard-copy - contact us if you would like this option and we'll post it out to you.

Keeping in touch!

It's important that we have your current contact details, so you can continue participating in our study. Please email us if you have changed your physical address and/or email.

Feedback ...

"Offliners versus Onliners"

We would like to hear your reasons for participating 'online' and/or 'offline' (ie. postal questionnaire).

Please email us these comments, to assist us with our analyses.

Contact us:

Email us at:

elf@massey.ac.nz

ELF Study website:

www.elfs.org.nz

Free phone:

0800 2 INFANT (463 268)