

# The Early Life Factors Study NEWSLETTER

Issue 2



## Updates on the Early Life Factors Study...

Since our first issue of the ELF Study Newsletter, there are now approximately 200 pregnant women that have signed-up and completed Phase I of the study, the Pregnancy Questionnaire.

### Phase II: 3 months Questionnaire

The '3 months' questionnaire is available to download and complete online (since March 2009). It is also available by post.

If your child is approaching 3 months old, please download the questionnaire at our website. You will also need to have your *WellChild Tamariki Ora Health Book* to answer some of the questions.

### Phase III: 15 months Questionnaire

In December 2009, the next phase of the study will go 'live', when your child turns 15 months old. More details about this questionnaire will be available closer to the date of launch.

## Featuring the ELF Study ...

- 2009 ASG Parent Child Show in Christchurch:  
The ELF Study research team will be at the show to invite more pregnant mums to take part in our study.
- 'Your pregnancy pack from *Bounty*' includes the ELF Study brochures and return postcards.
- The ELF Study will be featuring in the free Plunket Bags (in the wider Wellington region) to new mums ... coming soon!

### Keeping in touch!

It's important that we have your current contact details, so you can continue participating in our study.

### Your feedback

We'd love some feedback from you about our study website.

Please email us any comments, ideas, or suggestions on:

- Your experience of the study website
- Ideas on how to improve the study website.

### Email us at:

[elf@massey.ac.nz](mailto:elf@massey.ac.nz)

### Study website:

[www.elfs.org.nz](http://www.elfs.org.nz)

### Free phone:

0800 2 INFANT (463 268)